



# Changing children's lives



Some children face situations that are difficult even for adults to resolve. For almost 9 decades, Stewart House has been supporting those children who are doing it tough and just need a break. Stewart House exists to provide specialised solutions for these children.

## What we do

Every year, around 1,700 children from all NSW and ACT public schools are invited to Stewart House at South Curl Curl, on Sydney's Northern Beaches. Children participate in a residential program of up to 12 days duration where educational and experiential learning is embedded within a health and wellbeing framework.

Across their stay with us, children are provided with:

- Dental, optometric, audiometric and general health screening treatment or referral if necessary
- Accommodation, meals, laundry services, transport and excursions
- Hygiene requirements, new shoes and appropriate clothing

Children in the care of Stewart House attend a NSW Department of Education specific purpose school on site. They also experience what Sydney has to offer including trips to Taronga Zoo, Australian Museum, The Powerhouse Museum, The Maritime Museum, Cook and Phillip Aquatic Centre, Sydney Olympic Park and a ride on the Manly ferry.

## They engage with specialist staff to help them:

- Develop self care, social and conflict resolution skills
- Learn to relax and overcome anxiety
- Develop a broader outlook on life
- Establish friendships and routines in a safe community
- Increase their self-esteem
- Feel more emotionally supported

## How you can help Stewart House

There is no charge for the children who attend Stewart House and all direct costs are sourced entirely from charitable donations. We need your help to ensure our program stays accessible to the thousands of children who depend on it.

There are a number of ways you can help us continue our work:

- Make a one-off or monthly donation over the page
- Hold your own fundraising event or make a donation to celebrate a special occasion
- Spread the Stewart House news and subscribe to our monthly newsletter at [stewarthouse.org.au](http://stewarthouse.org.au)





# I would like to support Stewart House



## Where will my donation go?

Children can only come to Stewart House recommendation by their own school principal and every child who participates in our program, does so free of charge. To keep our doors open and support the 1700 children who depend on our services every year, we need to raise \$4.5 million.

Your donation will ensure that our program is accessible to all children in need across NSW and ACT public schools and is only used to cover the direct costs of children attending our 12-day program.

The cost for 1 child to attend Stewart House for 1 day is \$130, or \$1560 for the entire 12 day program.

This is made up of:

Residential care = \$60/day

Healthcare and wellbeing = \$30/day

Accommodation, transport and catering = \$40/day

Your consideration in making a donation to Stewart House is greatly appreciated and every dollar raised will help us change children's lives.

For more information on donations including bequests, fundraising, events and corporate social responsibility programs, visit [stewarthouse.org.au](http://stewarthouse.org.au)

Surname: ..... First name: .....

Address: .....

Suburb: ..... Postcode: .....

Telephone: ..... Mobile: .....

E-mail: .....

I wish to be subscribed to our monthly newsletter

### Donation Details:

Single Payment:  Fortnightly Payment:  Monthly Payment:

Payment Method:  Cheque  Visa  Mastercard  AMEX Security code: .....

Card Number: ..... Amount: ..... Expire: .....

Date: .....

Signature:

Stewart House bank account details for direct deposit:

Account name: Stewart House

BSB: 062 127

Account number: 10182077

Donations of \$2 and over are tax-deductible. Stewart House has a Deductible Gift Recipient 1 (DGR) status with the Australian Taxation Office. A tax receipt will be issued via the email address provided. For any questions regarding this form please contact us on (02) 9938 3100.

### Please return to:

E-mail: [marketing@stewarthouse.org.au](mailto:marketing@stewarthouse.org.au)

Post: PO BOX 21 Freshwater NSW 2096

[stewarthouse.org.au](http://stewarthouse.org.au)

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